

February 6th, 2022

Series - Membership: Unimpressive but Authentic

Text -Hebrews 10:19-25

Title: How Are We Healthy?

## Outline

We are healthy if-because of our access to God through Jesus-we are:

- 1) Drawing near together v. 22
- 2) Holding fast together v. 23
- 3) Pressing on together vv. 24-25

Potential Discussion Questions

- Today's passage was a picture of what we hope to cultivate in our Family Groups. So one natural way to facilitate discussion would be to simply read the passage and ask, "So what do you think this practically looks like?" Some other general questions could be "What among these things is difficult for you and what comes easy?" or "What among these things do you already experience and where are you lacking?"
- Another approach to consider might be focusing more on verses 19-22. You could ask something like:
  - How do you tend to approach God (confidence, fear, guilt, apathy, etc.)?
  - What keeps you from approaching God as a whole person (heart, soul, mind, and strength)?
  - How does this then impact how you approach God's people?
- Potential application: Share some ways that others are helping you to draw near, hold fast, and/or press on.

Next Sunday's Sermon Passage - Mark 4:26-32